



Hazelwood School  
Nursery and Early Years

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Snack</b>	Grissini sticks & Cheesy Houmous (G,Mk)	Cheese (Mk) & Crackers(G)	Vegetable Crudites & Cream Cheese (Mk)	Raisin Bagel (G,SD)	Rice Cake with Cheese (Mk)
<b>Main course</b>	Beef & Vegetable Chilli con Carni	Roast Turkey (G)	Mild Chicken Korma (Mk)	Lingfield Sausages served with Gravy (G,SD)	Salmon fish fingers with a tortilla wrap (G,F)
<b>Veggie main Course</b>	Lentil & Vegetable Chilli con Carni	Pepper Stuffed with Rice and Vegetables with a tomato sauce (Mk)	Butternut and Sweet Potato Curry	Glamorgan Sausages served with Gravy (G,M,Mk)	Quorn Fish fingers with a tortilla wrap (G)
<b>On the side</b>	Steamed Vegetables Steamed Brown Rice	Roast Potato (SD) Steamed Vegetables	Steamed Brown Rice Steamed Fresh Carrots	Mash Potato Steamed Vegetables	Chips Steamed Peas
<b>Dessert</b>	Individual Yoghurts (Mk)	Lemon Sponge (G,E)	Sliced Watermelon	Frozen Yoghurt (Mk)	Fresh fruit Friday
<b>Tea</b>	Ham & Cheese Panini served with Vegetable Crudites (G,Mk)	Homemade Cheese & Tomato Pizza Muffins served with Vegetable Crudites (G,Mk)	Chicken Wraps with Salad and Vegetable Crudites (G)	Tomato Pasta Bake served with Vegetable Crudites (G,Mk)	Jacket Potato Baked Beans & Grated Cheese served with Vegetable Crudites (Mk)
<b>Veggie Tea</b>	Cheese Panini served with Vegetable Crudites (G,Mk)		Vegetable Wraps with Salad and Vegetable Crudites (G)		

Contains:

Gluten – (G) Egg – (E) Sulphur Dioxide – (SD) Dairy – (Mk) Fish – (F) Soya – (S) Mustard – (M) Celery – (C) Shellfish – (SF)

All our menus are free from, Nuts, Tree Nuts, Molluscs. Menu & Allergen subject to change if you have an allergy (CHECK WITH KITCHEN)



Hazelwood School  
Nursery and Early Years

<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Snack</b>	Cheese (Mk) & Crackers(G)	Grissini sticks & Cheesy Houmous (G,Mk)	Vegetable Crudites & Cream Cheese (Mk)	Raisin Bagel (G,SD)	Rice Cake with Cheese (Mk)
<b>Main course</b>	Simply Chicken in a Tomato Sauce penne pasta (G)	Roast Gammon with gravy	Chicken Tikka Masala (Mk)	Sausage & Bean Pasta Bake (G,Mk,SD)	Beef burger in a bun (G,S)
<b>Veggie main course</b>	Simply Quorn in a Tomato Sauce penne pasta (G)	Stuffed ½ peppers with a tomato sauce (Mk)	Vegetable tikka masala (Mk)	Vegetable & Bean Pasta Bake (G,Mk)	Homemade Vegetable Burger (G,S)
<b>On the side</b>	Grated Cheese (Mk) Steamed Carrots	Roast Potato Steamed Vegetables	Steamed Brown Rice Cucumber & Pepper Batons	Cucumber Slices & Sweetcorn	Chips Steamed Vegetables
<b>Dessert</b>	Pineapple Slices	Diced Peaches & Yoghurt (Mk)	Honeydew Melon Slices	Hazelwood Nursery Cake (G,E)	Fresh Fruit Friday
<b>Tea</b> (All Tea options served with Crudites)	Ham & Cheese Panini served with Vegetable Crudites (G,Mk)	Homemade Cheese & Tomato Pizza Muffins served with Vegetable Crudites (G,Mk)	Tomato Pasta Bake served with Vegetable Crudites (G,Mk)	Chicken Wraps with Salad and Vegetable Crudites (G)	Jacket Potato Baked Beans & Grated Cheese served with Vegetable Crudites (Mk)
<b>Veggie Tea</b>	Cheese Panini served with Vegetable Crudites (G,Mk)			Vegetable Wraps with Salad and Vegetable Crudites (G)	

Contains:

Gluten – (G) Egg – (E) Sulphur Dioxide – (SD) Dairy – (Mk) Fish – (F) Soya – (S) Mustard – (M) Celery – (C) Shellfish – (SF)

All our menus are free from, Nuts, Tree Nuts, Molluscs. Menu & Allergen subject to change if you have an allergy (CHECK WITH KITCHEN)



Hazelwood School  
Nursery and Early Years

<i>Week 3</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Snack</b>	Cheese (Mk) & Crackers(G)	Vegetable Crudites & Cream Cheese (Mk)	Grissini sticks & Cheesy Houmous (G,Mk)	Raisin Bagel (G,SD)	Rice Cake with Cheese (Mk)
<b>Main course</b>	Greek meatballs in a tomato & oregano sauce (G)	Macaroni Cheese (G,Mk)	Beanie Lamb Shepards Pie	Beef Bolognaise	Breaded Fish Fillet (G,F)
<b>Veggie main course</b>	Vegan meatballs in a tomato & oregano sauce (G,S)		Beanie Vegetable Shepards Pie	Vegetable Bolognaise or Baked Beans	Vegetable Goujons (G)
<b>On the side</b>	Steamed Brown Rice Grated Cheese (Mk) Steamed Vegetables	Garlic Bread (G) Steamed Vegetables	Steamed Vegetables	Small Jacket Potato Grated Cheese (Mk) Carrot & Pepper Batons	Chips Steamed Peas
<b>Dessert</b>	Individual Yoghurts (Mk)	Banana Cake (G,E)	Sliced Melon	Frozen Yoghurt (Mk)	Fresh Fruit Friday
<b>Tea</b> (All Tea options served with Crudites)	Ham & Cheese Panini served with Vegetable Crudites (G,Mk)	Chicken Wraps with Salad and Vegetable Crudites (G)	Homemade Cheese & Tomato Pizza Muffins served with Vegetable Crudites (G,Mk)	Tomato Pasta Bake served with Vegetable Crudites (G,Mk)	Jacket Potato Baked Beans & Grated Cheese served with Vegetable Crudites (Mk)
<b>Veggie Tea</b>	Cheese Panini served with Vegetable Crudites (G,Mk)	Vegetable Wraps with Salad and Vegetable Crudites (G)			

Contains:

Gluten – (G) Egg – (E) Sulphur Dioxide – (SD) Dairy – (Mk) Fish – (F) Soya – (S) Mustard – (M) Celery – (C) Shellfish – (SF)

All our menus are free from, Nuts, Tree Nuts, Molluscs. Menu & Allergen subject to change if you have an allergy (CHECK WITH KITCHEN)