| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Maln course | Lingfield sausages with gravy (G, SD) | Roast Gammon with gravy | Homemade Pepperoni Pizza <br> (G,Mk) | Homemade tomato sauce with pasta \& cheese (G, Mk) | Beef burger in a chargrilled bun <br> (G, Mk) |
| Vegetarlan | Vegetarian sausage with gravy <br> (G) | Stuffed pepper with red onions and goats Cheese (Mk) | Margarita Pizza <br> (G,Mk) |  | Roasted red onion and goats cheese ciabatta sandwich (Mk, G) |
| On the side | Mash potato (Mk) Cauliflower, sweetcorn \& green beans | Roast potato Seasonal Vegetables | Potato wedges Mixed Vegetables | Garlic bread (G) Grated Cheese (Mk) Carrot and cucumber batons | Waffle Fries Peas |
| Dessert | Apple \& raspberry sponge with custard (G, E, Mk) | Hazelwood School Cake (G,E) | Mini Doughnut (G,E,Mk,S) | Lemon \& poppy seed cake (G, | Fresh Fruit Friday |
| Tea | Southern fried chicken wrap with fries <br> (G) | Ham and cheese panini with vegetable crudites (G, Mk) | Penne pasta with a homemade tomato sauce <br> (G) | Beef Chilli \& Rice | Jacket potato with beans and cheese <br> (Mk) |

## Contains:

Gluten - (G) Egg - (E) Sulphur Dioxide - (SD) Milk - (Mk) Fish - (F) Soya - (S) Mustard - (M) Celery - (C) Shellfish - (SF)
All our menus are free from, Nuts, Tree Nuts, Molluscs. Menu \& Allergen subject to change, if you have an allergy CHECK WITH KITCHEN

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Maln course | Homemade beef meatballs with homemade tomato sauce <br> (G) | Ham \& Cheese Cheese \& Red Onion Cheese \& Tuna Cheese | Smoked Bacon and Chicken pasta bake (G,Mk) | Chicken tikka masala (Mk) | All day breakfast. <br> Sausage (G,SD) Vegetarian sausage <br> (G,M,Mk) <br> Bacon <br> Scrambles egg (E) Hash brown Tomato |
| Vegetarlan | Vegetarian meatballs with garden tomato sauce (G,E) |  | Roast Vegetable Pasta bake (G,Mk) | Roasted pumpkin and spinach cury |  |
| On the slde | Penne Pasta (G) Grated Cheese (Mk) Mixed vegetables | Waffle Fries <br> Carrot \& Cucumber Batons | Garlic Bread (G) Mixed Vegetables | Mini naan bread (G,Mk) Onion bhaji (G) Pilau rice |  |
| Hot Dessert | Syrup sponge \& Custard (G, E, Mk) | Jam \& coconut sponge (G,E) | Banana \& ginger cake (G,E) | Carrot Cake \& Custard (Mk,G,E) | Fresh Fruit Friday |
| Tea | Homemade Pizza and Chips (G,Mk) | Jacket potato with baked beans and cheese (MK) | Hot dog with fries <br> (G) | Macaroni cheese cucumber and carrot crudités (G, MK) | Beef Chilli \& rice |

## Contains:

Gluten - (G) Egg - (E) Sulphur Dioxide - (SD) Milk - (Mk) Fish - (F) Soya - (S) Mustard - (M) Celery - (C) Shellfish - (SF) All our menus are free from, Nuts, Tree Nuts, Molluscs. Menu \& Allergen subject to change, if you have an allergy CHECK WITH KITCHEN

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Maln course | Mexican Chilli with tortilla chips | Mild Thai Green Cury (Mk) | Spaghetti Bolognaise | Chicken \& Vegetable Souvlaki with a pitta bread (G) | Battered haddock fillets (G, F, Mk, M) |
| Vegetarlan | Salsa Guacamole | Mild Thai Vegetable Curry | Vegetable Bolognaise | Roasted Pepper and basil pesto tart (G, E, Mk) | Chickpea and corn burger with a mango and lime salsa (G) |
| On the slde | Rice <br> Corn on the cob | Thai Rice Mixed Vegetables | Spaghetti (G) Grated Cheese (Mk) Vegetable crudités | Steamed Rice Mixed Vegetables | Skin on chips Seasonal Vegetables |
| Hot Dessert | Banana \& chocolate chip sponge \& custard (G, E, Mk) | Apple \& Cinnamon Sponge (G,E) | Lemon \& blueberry drizzle cake (G,E) | Waffles (G,E) | Fresh Fruit Friday |
| Tea | Handmade cheese and tomato pizza <br> (G, MK) | Ham \& Cheese Panini Cheese Panini (G,MK) <br> Carrot \& Cucumber Batons | Jacket potato with beans \& cheese <br> (MK) | Beef Chilli \& Rice | Chicken curry \& rice (Mk) |

## Contains:

Gluten - (G) Egg - (E) Sulphur Dioxide - (SD) Milk - (Mk) Fish - (F) Soya - (S) Mustard - (M) Celery - (C) Shellfish - (SF)
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